



## **VOLUNTEERS- CHECK IT OUT!!!! WE NEED YOUR HELP!!!**

Long Island Cares, Inc. The Harry Chapin Food Bank is looking for volunteers to assist with their 16<sup>th</sup> Annual *Check-Out Hunger* Campaign from October 1, 2008 through January 1, 2009.

*Check-Out Hunger* is a unique partnership between Long Island Cares, area supermarkets, shoppers and volunteers.

Volunteers are needed to set up and maintain Check-Out Hunger Supplies at stores in their own local area. Participating supermarkets include: King Kullen, ShopRite, Pathmark, Wild by Nature, Waldbaums, Food Emporium, Food Town and Kings. We need help with the following areas:

**Suffolk:** Oakdale, Riverhead, West Hampton, Bridgehampton, Hampton Bays, Eastport, East Hampton, Wading River, Islip, Cutchogue, and Mattituck.

**Nassau:** Bethpage, Farmingdale, Baldwin, Hewlett, Hicksville, Seaford, Rockville Centre, East Rockaway, West Hempstead, Port Washington, Long Beach, Garden City, Levittown, Mineola, Greenvale, Westbury, Great Neck, Valley Stream and Glen Head.

This program generates much needed funding to help feed approximately 259,000 hungry Long Islanders annually including 93,000 children.

Sign-up begins right away...Set up begins October 1<sup>st</sup> and requires approximately ½ hour per week.

Please join us! We look forward to welcoming you as a member of our team! Questions? Call or email Tina at (631) 582-FOOD (3663) Ext.105. Look for the link to our COH volunteer form.